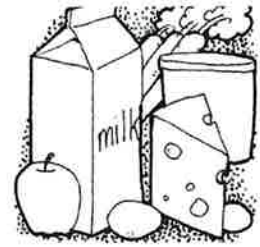




Houma First United Methodist  
**PRESCHOOL**

The Early Years

**WINTER MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
Bite size chicken nuggets French fries Sliced peaches Milk	Mashed red beans & rice with bite size sausage Diced cucumbers Pear slices Milk	Bite size beef taco Refried beans Mandarin oranges Milk	Grilled cheese sandwich (quartered) Cheese puffs Cooked carrots Milk	Bite size chicken fettuccine Mashed peas Fruit cocktail Milk
Bite size fish sticks Macaroni & cheese Cream style corn Applesauce Milk	Bite size lasagna with meat sauce Mashed green beans Peach slices Milk	Bite size sausage & potatoes with gravy over rice Mashed peas Pear slices Milk	Ham sandwich (quartered) Cooked carrots Applesauce Milk	Chili Crackers Diced cucumbers Mandarin oranges Milk
Bite size hamburger on bun French fries Fruit cocktail Milk	Bite size pancakes Bite size sausage Pear slices Milk	Bite size chicken & sausage gumbo with rice Crackers Peach slices Milk	Turkey sandwich (quartered) Cheese puffs Cooked vegetables Milk	Bite size spaghetti with meat sauce Cream style corn Mandarin oranges Milk
Bite size pizza Cream style corn Pear slices Milk	Mashed white beans & bite size sausage over rice Corn bread Peach slices Milk	Bite size Sloppy Joe on bun Tater tots Mandarin oranges Milk	Bite size chicken patty on bun Mashed green beans Applesauce Milk	Bite size chicken stew Mashed peas Fruit cocktail Milk

\*Menu subject to change

\*All foods are baked

January 6, 2025



Houma First United Methodist  
**PRESCHOOL**

**PRESCHOOL & EARLY YEARS**

**"Snack Attack"**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
a.m. Critter Munch Water	a.m. Cereal Milk	a.m. Cookies & applesauce 100% fruit juice	a.m. Pop Tarts Milk	a.m. Fruit muffins Milk
p.m. Cheese Nips 100% fruit juice	p.m. Graham crackers Water	p.m. Sliced cheese & crackers Water	p.m. Animal crackers 100% fruit juice	p.m. Vanilla wafers Water
a.m. Cereal Milk	a.m. Yummy Munch 100% fruit juice	a.m. Pop Tarts Milk	a.m. Fruit muffins 100% fruit juice	a.m. Vanilla wafers Milk
p.m. Sliced cheese & crackers Water	p.m. Cookies Milk	p.m. Cake slices Water	p.m. Teddy Grahams Water	p.m. Graham crackers Water
a.m. Captain Crunch Milk	a.m. Fruit muffins 100% fruit juice	a.m. Pop Tarts 100% fruit juice	a.m. Cereal Milk	a.m. Critter Munch Water
p.m. Teddy Grahams Water	p.m. Vanilla wafers Water	p.m. Animal crackers Water	p.m. Cheese Nips 100% fruit juice	p.m. Cookies Milk
a.m. Fruit muffins 100% fruit juice	a.m. Pop Tarts Water	a.m. Yummy Munch 100% fruit juice	a.m. Cereal Milk	a.m. Pop Tarts Milk
p.m. Sliced cheese & crackers Water	p.m. Cookies Milk	p.m. Cake slices Water	p.m. Graham crackers 100% fruit juice	p.m. Cheese balls Water

\*Menu Subject to Change

January 6, 2025