



Houma First United Methodist  
**PRESCHOOL**  
 PRESCHOOL & EARLY YEARS  
**"Snack Attack"**



| MONDAY                                   | TUESDAY                                  | WEDNESDAY                                 | THURSDAY                               | FRIDAY                                   |
|--|--|---|--|--|
| a.m. Cereal<br>Milk                      | a.m. Animal Crackers<br>Milk             | a.m. Graham Crackers<br>100 % Fruit Juice | a.m. Pop-tarts<br>Milk                 | a.m. Cookies<br>Milk                     |
| p.m. Whales<br>100% Fruit Juice          | p.m. Vanilla Wafers<br>Water             | p.m. Yummy Munch<br>Water                 | p.m. Teddy Grahams<br>Water            | p.m. Vanilla Wafers<br>100% Fruit Juice  |
| a.m. Graham Crackers<br>100% Fruit Juice | a.m. Vanilla Wafers<br>100% Fruit Juice  | a.m. Cookies<br>Milk                      | a.m. Cereal<br>Milk                    | a.m. Pop-tarts<br>Milk                   |
| p.m. Vanilla Pudding<br>Milk             | p.m. Whales<br>Water                     | p.m. Nutra Grain Bar<br>Water             | p.m. Critter Munch<br>100% Fruit Juice | p.m. Cookies<br>Milk                     |
| a.m. Nutra Grain Bar<br>Milk             | a.m. Graham Crackers<br>100% Fruit Juice | a.m. Cereal<br>Milk                       | a.m. Cookies<br>Milk                   | a.m. Pop-tarts<br>Milk                   |
| p.m. Teddy Grahams<br>Water              | p.m. Whales<br>Water                     | p.m. Animal Crackers<br>Milk              | p.m. Vanilla Wafers<br>Water           | p.m. Yummy Munch<br>100% Fruit Juice     |
| a.m. Graham Crackers<br>100% Fruit Juice | a.m. Vanilla Wafers<br>Milk              | a.m. Pop-tarts<br>100% Fruit Juice        | a.m. Cereal<br>Milk                    | a.m. Graham Crackers<br>100% Fruit Juice |
| p.m. Whales<br>Water                     | p.m. Nutra Grain Bar<br>Water            | p.m. Animal Crackers<br>Milk              | p.m. Critter Munch<br>Water            | p.m. Cookies<br>Milk                     |

August 9, 2021