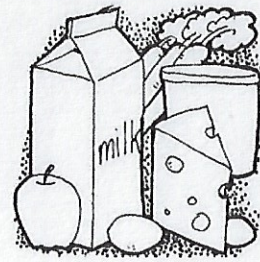




Houma First United Methodist
PRE-SCHOOL
WINTER MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Red Beans & Rice with Sausage Sliced Cucumbers Orange slices Milk	Chicken Noodle Soup with Peas & Carrots Crackers Pear Slices Milk	Chili Crackers Pineapple tidbits Milk	Pizza Corn Apple slices Milk	Chicken Nuggets with ketchup Macaroni & Cheese Carrot Sticks with Ranch dressing Cookie Milk
White Beans & Rice with Sausage Cucumber Slices Mandarin Oranges Milk	Chicken & Sausage Gumbo w/ Rice Crackers Peaches Milk	Beef Tacos (2) Cheese Corn Pears Milk	Fish Sticks with ketchup Tater tots Cooked carrots Pineapple tidbits	Grilled Cheese Sandwiches Cheese Puffs Raw Vegetables with Ranch dressing Cookie Milk
Red Beans & Rice with Sausage Sliced Cucumbers Orange slices Milk	Chicken Noodle Soup with Peas & Carrots Crackers Pear Slices Milk	Chili Crackers Pineapple tidbits Milk	Pizza Corn Apple slices Milk	Chicken Nuggets with ketchup Macaroni & Cheese Carrot Sticks with Ranch dressing Cookie Milk
White Beans & Rice with Sausage Cucumber Slices Mandarin Oranges Milk	Chicken & Sausage Gumbo w/ Rice Crackers Peaches Milk	Beef Tacos (2) Cheese Corn Pears Milk	Fish Sticks with ketchup Tater tots Cooked carrots Pineapple tidbits	Grilled Cheese Sandwiches Cheese Puffs Raw Vegetables with Ranch dressing Cookie Milk

*Menu subject to change

*All Foods Are Baked

Updated 01/09/2023