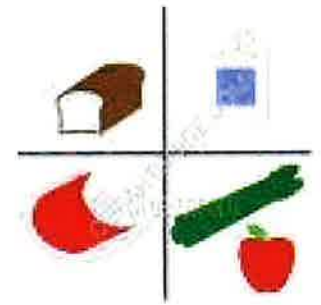




Houma First United Methodist
PRESCHOOL
 EARLY YEARS FALL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bite Size Chicken Nuggets French Fries (Cut up) Sliced Fruit Cocktail Milk	Bite Size Grilled Cheese Sandwiches with Tomato Soup Mandarin Oranges Milk	Bite Size Sausage and Potato Gravy over Rice Mashed Sweet Peas Sliced Pears Milk	Bite Size Baked Ham Bite Size Dinner Roll Mashed Green Beans Mandarin Oranges Milk	Spaghetti with Meat Sauce Cream Corn Sliced Peaches Milk
Bite Size Grilled Ham and Cheese Sandwiches Bite Size Cheese Puffs Sliced Pears Milk	Bite Size Pizza Mashed Green Beans Sliced Peaches Milk	Mashed Red Beans and Rice with Bite Size Sausage Diced Cucumber Slices Applesauce Milk	Chili with Crackers Cream Corn Sliced Fruit Cocktail Milk	Bite Size Soft Tacos with Ground Meat and Cheese Refried Beans Mandarin Oranges Milk
Bite Size Hamburgers French Fries (Cut up) Sliced Pears Milk	Bite Size Waffles and Chicken Cream Corn Mandarin Oranges Milk	Bite Size Meat Loaf Mashed Potatoes Sliced Peaches Milk	Mashed White Beans and Rice with Bite Size Sausage Mashed Green Beans Bite Size Corn Bread Sliced Fruit Cocktail Milk	Bite Size Ham and Cheese Lunchables Bite Size Cheese Puffs Mandarin Oranges Milk
Bite Size Turkey Sandwiches Cooked Carrots Sliced Fruit Cocktail Milk	Bite Size Chicken Patti Tator Tots (Cut up) Applesauce Milk	Chicken and Sausage (Bite size) Gumbo Crackers Sliced Peaches Milk	Bite Size Fish Sticks Mac-n-Cheese Sliced Pears Milk	Rice Dressing with Ground Meat Mashed Sweet Peas Mandarin Oranges Milk

*Items Are Baked

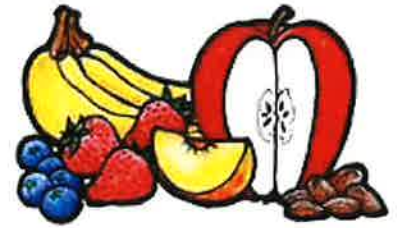
Menu Subject to Change

October 5, 2026



PRESCHOOL & EARLY YEARS

"Snack Attack"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
a.m. Cookie Crisp Cereal Milk	a.m. Pop Tarts 100% Fruit Juice	a.m. Yummy Munch Water	a.m. Vanilla Wafers with a Banana Water	a.m. Nutra Grain Bar 100% Fruit Juice
p.m. Teddy Grams Water	p.m. Chocolate Chip Cookies Milk	p.m. Cheese Balls 100% Fruit Juice	p.m. Graham Crackers Milk	p.m. Sugar Wafers Water
a.m. Honeycomb Cereal Milk	a.m. Crackers and Sliced Cheese Water	a.m. Nutra Grain Bar 100% Fruit Juice	a.m. Pop Tarts 100% Fruit Juice	a.m. Fig or Fruit Bars Milk
p.m. Cheese Nips Water	p.m. Critter Munch 100% Fruit Juice	p.m. Graham Crackers Milk	p.m. Sugar Wafers Water	p.m. Cookies Water
a.m. Pop Tarts Milk	a.m. Cookie Crisp Cereal Milk	a.m. Vanilla Wafers with a Banana Water	a.m. Nutra Grain Bar 100% Fruit Juice	a.m. Yummy Munch 100%Fruit Juice
p.m. Applesauce/Cookie Water	p.m. Cheese Balls Water	p.m. Crackers and Sliced Cheese 100% Fruit Juice	p.m. Teddy Grams Milk	p.m. Brownies Water
a.m. Graham Crackers 100% Fruit Juice	a.m. Fig or Fruit Bars Milk	a.m. Captain Crunch Cereal Water	a.m. Pop Tarts Milk	a.m. Nutra Grain Bars 100% Fruit Juice
p.m. Chocolate Chip Cookies Milk	p.m. Crackers with Sliced Cheese Water	p.m. Sugar Wafers 100% Fruit Juice	p.m. Critter Munch Water	p.m. Cheese Nips Water