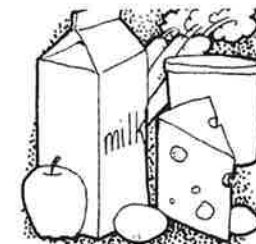




Houma First United Methodist PRESCHOOL

The Early Years

WINTER MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Bite size chicken nuggets French fries Fruit cocktail Milk	Bite size potato & sausage with gravy over rice Mashed peas Mandarin oranges Milk	Chili Bite size corn bread Sliced peaches Milk	Bite size chicken & sausage gumbo with rice Crackers Sliced pears Milk	Bite size turkey sandwich Cooked carrots Orange slices Milk
Bite size fish sticks Macaroni & cheese Mashed green beans Sliced peaches Milk	Bite size lasagna with meat sauce Cream corn Fruit cocktail Milk	Jambalaya with bite size sausage Mashed peas Mandarin oranges Milk	Bite size hamburger on bun French fries Apple sauce Milk	Bite size baked ham with roll Mashed candied yams Sliced pears Milk
Bite size grilled cheese sandwiches Tomato soup Fruit cocktail Milk	Bite size tacos Refried beans Sliced peaches Milk	Bite size cheese pizza Cream corn Apple sauce Milk	Bite size meatloaf with mashed potatoes & gravy Mandarin oranges Milk	Bite size fish sandwich Tater tots Sliced pears Milk
Bite size chicken patty with sliced bread Cooked carrots Sliced pears Milk	Bite size Sloppy Joe Tater tots Cream corn Mandarin oranges Milk	Bite size chicken fettuccine Mashed green beans Sliced peaches Milk	Red beans & rice with bite size sausage Mashed peas Fruit cocktail Milk	Bite size ham & cheese sandwiches Raw vegetables with Ranch dressing Applesauce Milk

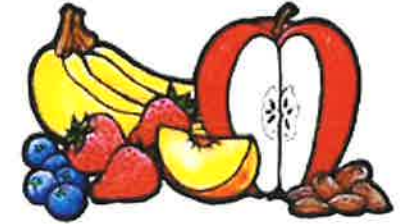
*Menu subject to change

*All foods are baked

October 6, 2025



Houma First United Methodist
PRESCHOOL
 PRESCHOOL & EARLY YEARS
"Snack Attack"



Monday	Tuesday	Wednesday	Thursday	Friday
a.m. Yummy Munch Milk	a.m. Fruit muffin Water	a.m. Cereal Milk	a.m. Pop Tarts 100% fruit juice	a.m. Cookies Milk
p.m. Vanilla wafers Milk	p.m. Animal crackers 100% fruit juice	p.m. Cheese balls Water	p.m. Veggie Straws Water	p.m. Confetti cake slices 100% fruit juice
a.m. Cereal Milk	a.m. Vanilla wafers Water	a.m. Critter Munch 100% fruit juice	a.m. Fruit muffins 100% fruit juice	a.m. Pop Tarts Milk
p.m. Graham crackers Water	p.m. Honey-Comb cereal Milk	p.m. Veggie Straws Water	p.m. Cookies Milk	p.m. Cheese balls Water
a.m. Vanilla wafers Water	a.m. Cereal Milk	a.m. Pop Tarts Milk	a.m. Yummy Munch Water	a.m. Fruit muffin 100% fruit juice
p.m. Veggie Straws 100% fruit juice	p.m. Animal crackers 100% fruit juice	p.m. Cheese balls Water	p.m. Cookies Milk	p.m. Cheerios Water
a.m. Critter Munch 100% fruit juice	a.m. Vanilla wafers Milk	a.m. Cereal Milk	a.m. Fruit muffins 100% fruit juice	a.m. Pop Tarts Milk
p.m. Animal crackers Water	p.m. Confetti cake slices 100% fruit juice	p.m. Veggie Straws Water	p.m. Cookies Milk	p.m. Graham crackers Water

*Menu Subject to Change

October 6, 2025