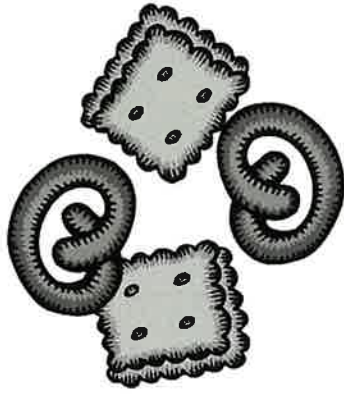




Houma First United Methodist
PRESCHOOL

PRESCHOOL & EARLY YEARS



"Snack Attack"

Monday	Tuesday	Wednesday	Thursday	Friday
a.m. Yummy Munch Water	a.m. Fruit muffin Water	a.m. Pop Tart Milk	a.m. Cookie & apple sauce 100% fruit juice	a.m. Cereal Milk
p.m. Veggie Straws 100% fruit juice	p.m. Teddy grahams Milk	p.m. Sliced Oranges Water	p.m. Animal crackers Water	p.m. Critter Munch 100% fruit juice
a.m. Graham Crackers Milk	a.m. Critter Munch Water	a.m. Vanilla wafers & banana Water	a.m. Cereal Milk	a.m. Pop Tarts Milk
p.m. Penguin crackers 100% fruit juice	p.m. Graham crackers Milk	p.m. Cheeseballs 100% fruit juice	p.m. Yummy Munch Water	p.m. Cookies Milk
a.m. Cookies & apple sauce Water	a.m. Pop Tart Milk	a.m. Cereal Milk	a.m. Fruit muffin 100% fruit juice	a.m. Yummy Munch Water
p.m. Cheerios 100% fruit juice	p.m. Animal crackers Water	p.m. Veggie Straws 100% fruit juice	p.m. Cookies Milk	p.m. Confetti cake slice 100% fruit juice
a.m. Cereal Milk	a.m. Graham crackers Milk	a.m. Critter Munch 100% fruit juice	a.m. Vanilla Wafers & banana Water	a.m. Pop Tarts 100% fruit juice
p.m. Yummy Munch 100% fruit juice	p.m. Sliced oranges Water	p.m. Cookies Milk	p.m. Cheerios 100% fruit juice	p.m. Graham crackers Water

*Menu Subject to Change

Start: January 5, 2026