



# Houma First United Methodist **PRESCHOOL**

## *Spring Menu*

The Early Years



Monday	Tuesday	Wednesday	Thursday	Friday
Bite size chicken patty Buttered mashed potatoes Mashed sweet peas Sliced pears Milk	Mashed red beans & rice with sausage Cucumber slices Applesauce Milk	Bite size taco salad with meat & cheese Bite size lettuce & tomatoes Mandarin oranges Milk	Bite size Sloppy Joes Cream style corn Jell-O Milk	Bite size grilled cheese sandwiches Cheese balls Cooked carrots Cookie Milk
Bite size sausage jambalaya Mashed green beans Sliced pineapple Milk	Bite size soft tacos with ground meat & shredded cheese Mashed ranch beans Cookie Milk	Bite size cheese pizza Cooked vegetables Mandarin oranges Milk	Bite size sausage & potatoes with brown gravy & rice Mashed peas & carrots Ice cream cup Milk	Bite size fish sticks French fries with ketchup Jell-O Milk
Bite size BBQ sausage slices Bite size Hawaiian bread Mashed baked beans Mandarin oranges Milk	Bite size chicken nuggets with ketchup French fries with ketchup Sliced cucumbers Cookie Milk	Bite size spaghetti with ground meat Cream style corn Sliced pineapple Milk	Bite size cheese quesadillas Mashed ranch beans Ice cream cup Milk	Bite size ham & cheese roll-ups Cooked vegetable medley Crackers Sliced banana Milk
Bite size hamburger slider with ketchup Sweet potato fries Bite size pickles Applesauce Milk	Bite size chicken stew with rice Mashed sweet peas Sliced pears Milk	Bite size pepperoni pizza Cooked carrots Jell-O Milk	Bite size sausage & potatoes with brown gravy & rice Cooked carrots Ice cream cup	Bite size fish sticks French fries with ketchup Mashed green beans Sliced peaches Milk

\*All Foods Are Baked

April 3, 2023



# Houma First United Methodist **PRESCHOOL**



## “Snack Attack”

The Early Years & Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
a.m. Yummy Munch 100% Fruit juice	a.m. Vanilla wafers Milk	a.m. Cookies Milk	a.m. Graham crackers Milk	a.m. Cereal & Milk
p.m. Vanilla pudding Water	p.m. Critter Munch Water	p.m. Pretzels 100% Fruit juice	p.m. Whales 100% Fruit juice	p.m. Tortilla chips & cheese dip 100% Fruit juice
a.m. Pretzels 100% Fruit juice	a.m. Vanilla wafers Milk	a.m. Graham crackers Milk	a.m. Cereal & Milk	a.m. Whales 100% Fruit juice
p.m. Animal crackers Milk	p.m. Nachos & cheese Milk	p.m. Ham slices & crackers 100% Fruit juice	p.m. Cookies Milk	p.m. Cereal & Milk
a.m. Whales 100% Fruit juice	a.m. Vanilla wafers Milk	a.m. Critter Munch 100% Fruit juice	a.m. Graham crackers Milk	a.m. Peaches & cream Water
p.m. Cereal & Milk	p.m. Jell-O Water	p.m. Cookies Milk	p.m. Whales 100% Fruit juice	p.m. Cookies Milk
a.m. Granola bar Milk	a.m. Cereal & Milk	a.m. Banana pudding with bananas Milk	a.m. Jell-O Water	a.m. Cereal & Milk
p.m. Vanilla wafers Milk	p.m. Pretzels & cheese dip 100% Fruit juice	p.m. Applesauce & cookie Milk	p.m. Sliced cheese & crackers 100% Fruit juice	p.m. Pineapple 100% Fruit juice

April 3, 2023