



Houma First United Methodist PRESCHOOL



Spring Menu

The Early Years

Monday	Tuesday	Wednesday	Thursday	Friday
Bite size fish sticks Macaroni & cheese Sliced peaches Milk	Bite size potato & sausage gravy over rice Mashed sweet peas Applesauce Milk	Bite size spaghetti with meat sauce Cream style corn Mandarin oranges Milk	Bite size chicken nuggets French fries Jell-O with whipped cream Milk	Bite size ham & cheese sandwiches Sliced banana Milk
Bite size cheese pizza Cream style corn Applesauce Milk	Bite size hamburger on bun Tater tots Sliced peaches Milk	Bite size chicken stew over rice Mashed sweet peas Sliced pears Milk	Mashed white beans with sausage over rice Sliced cucumbers Mandarin oranges Milk	Bite size grilled cheese sandwiches Cooked carrots Orange slices Milk
Bite size chicken patty with sliced bread Mashed green beans Applesauce Milk	Bite size soft tacos Cream style corn Pineapple tidbits Milk	Bite size Sloppy Joes Tater tots Jell-O with whipped cream Milk	Bite size chicken & sausage jambalaya Mashed sweet peas Sliced pears Milk	Bite size turkey sandwiches Sliced cucumbers Sliced banana Cookie Milk
Bite size chicken nuggets Cream style corn Pineapple tidbits Milk	Mashed red beans with sausage over rice Corn bread Sliced pears Milk	Bite size cheese quesadillas Mashed pinto beans Mandarin oranges Milk	Rice dressing Mashed sweet peas Sliced peaches Milk	Bite size fish sticks French fries Apple slices Milk

*All Foods Are Baked

Starts March 4, 2024



Houma First United Methodist
PRESCHOOL



“Snack Attack”

The Early Years + Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
a.m. Cereal & Milk p.m. Whales 100% Fruit juice	a.m. Pop Tart Water p.m. Cookies Milk	a.m. Nutra Grain bar Milk p.m. Teddy Grahams Water	a.m. Yummy Munch Water p.m. Sugar Wafers 100% Fruit juice	a.m. Fruit muffins Water p.m. Graham crackers 100% Fruit juice
a.m. Pop Tart Water p.m. Animal crackers Milk	a.m. Cheese & crackers 100% Fruit juice p.m. Whales Water	a.m. Critter Munch Water p.m. Cookies Milk	a.m. Cereal & Milk p.m. Sugar Wafers Water	a.m. Vanilla wafers/ banana Water p.m. Cheese balls 100% Fruit juice
a.m. Nutra Grain bar Milk p.m. Teddy Grahams water	a.m. Peaches Water p.m. Cookies Milk	a.m. Fruit muffins Milk p.m. Cheese & crackers 100% Fruit juice	a.m. Yummy Munch 100% Fruit juice p.m. Whales Water	a.m. Graham crackers 100% Fruit juice p.m. Sugar Wafers Water
a.m. Pop Tart Milk p.m. Animal crackers 100% Fruit juice	a.m. Cereal & Milk p.m. Cheese & crackers 100% Fruit juice	a.m. Critter Munch Water p.m. Rice Krispy Treats 100% Fruit juice	a.m. Nutra Grain bar Water p.m. Whales 100% Fruit juice	a.m. Vanilla wafers/ banana Water p.m. Cookies Milk

Starts March 4, 2024