



PRESCHOOL & EARLY YEARS
"Snack Attack"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
a.m. Lucky Charms Cereal 100% fruit juice	a.m. Nutra Grain Bar Water	a.m. Pop tarts Milk	a.m. Fruit muffins 100% fruit juice	a.m. Cookies Milk
p.m. Vanilla wafers Milk	p.m. Graham crackers Milk	p.m. Teddy Grahams 100% fruit juice	p.m. Veggie Straws Water	p.m. Ice Cream Water
a.m. Cereal Milk	a.m. Yummy Munch 100% fruit juice	a.m. Vanilla wafers Milk	a.m. Pop tarts 100% fruit juice	a.m. Fruit muffins Water
p.m. Whales/Penguins Water	p.m. Cookies Water	p.m. Cake slices 100% fruit juice	p.m. Veggie Straws Water	p.m. Ice Cream Milk
a.m. Pop Tarts 100% fruit juice	a.m. Nutra Grain Bar 100% fruit juice	a.m. Lucky Charms Cereal Milk	a.m. Fruit Muffins Water	a.m. Cookies Milk
p.m. Graham crackers Milk	p.m. Vanilla wafers Milk	p.m. Veggie Straws Water	p.m. Yummy Munch 100% fruit juice	p.m. Ice Cream Water
a.m. Teddy Grahams Water	a.m. Pop Tarts Water	a.m. Cereal Milk	a.m. Graham crackers Milk	a.m. Fruit muffins 100% fruit juice
p.m. Cookies Milk	p.m. Whales/Penguins 100% fruit juice	p.m. Cake slices 100% fruit juice	p.m. Veggie Straws Water	p.m. Ice Cream Water

