



Houma First United Methodist
PRESCHOOL



“Snack Attack”

The Early Years + Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
a.m. Cereal & Milk p.m. Whales 100% Fruit juice	a.m. Pop Tart Water p.m. Cookies Milk	a.m. Nutra Grain bar Milk p.m. Teddy Grahams Water	a.m. Yummy Munch Water p.m. Sugar Wafers 100% Fruit juice	a.m. Fruit muffins Water p.m. Graham crackers 100% Fruit juice
a.m. Pop Tart Water p.m. Animal crackers Milk	a.m. Cheese & crackers 100% Fruit juice p.m. Whales Water	a.m. Critter Munch Water p.m. Cookies Milk	a.m. Cereal & Milk p.m. Sugar Wafers Water	a.m. Vanilla wafers/ banana Water p.m. Cheese balls 100% Fruit juice
a.m. Nutra Grain bar Milk p.m. Teddy Grahams water	a.m. Peaches Water p.m. Cookies Milk	a.m. Fruit muffins Milk p.m. Cheese & crackers 100% Fruit juice	a.m. Yummy Munch 100% Fruit juice p.m. Whales Water	a.m. Graham crackers 100% Fruit juice p.m. Sugar Wafers Water
a.m. Pop Tart Milk p.m. Animal crackers 100% Fruit juice	a.m. Cereal & Milk p.m. Cheese & crackers 100% Fruit juice	a.m. Critter Munch Water p.m. Rice Krispy Treats 100% Fruit juice	a.m. Nutra Grain bar Water p.m. Whales 100% Fruit juice	a.m. Vanilla wafers/ banana Water p.m. Cookies Milk

Starts March 4, 2024