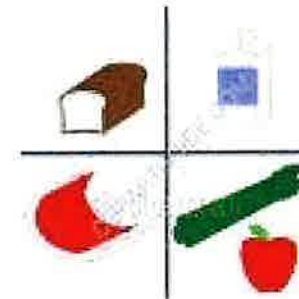




Houma First United Methodist
PRESCHOOL
 EARLY YEARS FALL

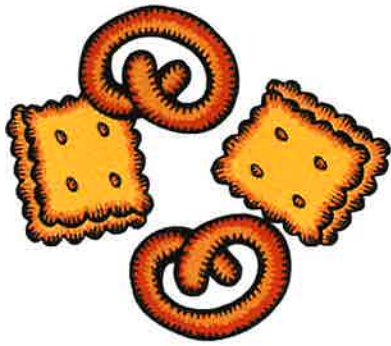


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bite Size Hamburgers French Fries (Cut up) Sliced Fruit Cocktail Milk	Chicken Fettuccini Mashed Green Beans Sliced Peaches Milk	Bite Size Cheese Pizza Cream Corn Sliced Pears Milk	Chicken and Sausage Jambalaya Mashed Sweet Peas Mandarin Oranges Milk	Bite Size Turkey Sandwiches Cooked Carrots Applesauce Milk
Bite Size Chicken Patti with Sliced Bread Cream Corn Sliced Fruit Cocktail Milk	Mashed Red Beans and Rice with Sausage Sliced Cucumbers Sliced Pears Milk	Bite Sized Cheese Quesadillas Refried Beans Sliced Peaches Milk	Spaghetti with Meat Sauce Mashed Green Beans Mandarin Oranges Milk	Bite Size Grilled Cheese Sandwiches Cooked Carrots Applesauce Milk
Bite Size Ham and Cheese Sandwiches Cheese Puffs Sliced Pears Milk	Mashed White Beans and Rice with Sausage Sliced Cucumbers Sliced Peaches Milk	Bite Size French Toast Sticks Bite Size Sausage Links Sliced Fruit Cocktail Milk	Chicken Stew with Rice Mashed Sweet Peas Mandarin Oranges Milk	Bite Size Sloppy Joes Tater Tots (Cut up) Applesauce Milk
Bite Size Chicken Nuggets French Fries (Cut up) Sliced Fruit Cocktail Milk	Sausage and Potato Stew with Rice Mashed Sweet Peas Sliced Peaches Milk	Bite Sized Soft Tacos Refried Beans Mandarin Oranges Milk	Bite Size Fish Sticks Mac-n-Cheese Sliced Peaches Milk	Bite Size Meat Loaf Mashed Potatoes Sliced Pears Milk

*Items Are Baked

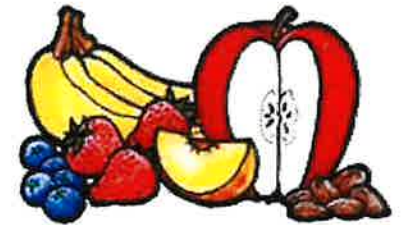
Menu Subject to Change

August 3, 2026



PRESCHOOL & EARLY YEARS

"Snack Attack"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
a.m. Lucky Charms 100% Fruit Juice	a.m. Nutra Grain Bar Water	a.m. Pop Tarts Milk	a.m. Fruit Muffins 100% Fruit Juice	a.m. Cookies Milk
p.m. Vanilla Wafers Milk	p.m. Graham Crackers Milk	p.m. Teddy Grahams 100% Fruit Juice	p.m. Veggie Straws Water	p.m. Cheese Puffs Water
a.m. Cereal Milk	a.m. Yummy Munch 100% Fruit Juice	a.m. Vanilla Wafers Milk	a.m. Pop Tarts 100% Fruit Juice	a.m. Fruit Muffins Water
p.m. Whales/Penguins Water	p.m. Animal Crackers Water	p.m. Cake Slices 100% Fruit Juice	p.m. Veggie Straws Water	p.m. Graham Crackers Milk
a.m. Pop Tarts 100% Fruit Juice	a.m. Nutra Grain Bar 100% Fruit Juice	a.m. Lucky Charms Milk	a.m. Fruit Muffins Water	a.m. Cookies Milk
p.m. Vanilla Wafers Milk	p.m. Graham Crackers Milk	p.m. Animal Crackers Water	p.m. Yummy Munch 100% Fruit Juice	p.m. Veggie Straws Water
a.m. Teddy Grahams Water	a.m. Pop Tarts Water	a.m. Cereal Milk	a.m. Graham Crackers Milk	a.m. Fruit Muffins 100% Fruit Juice
p.m. Cookies Milk	p.m. Whales/Penguins 100% Fruit Juice	p.m. Cake Slices 100% Fruit Juice	p.m. Veggie Straws Water	p.m. Cheese Puffs Water

August 3, 2026